

Waiver Policy - Soma Studio Surrey Limited

By booking or attending a class with Soma Studio Surrey Limited, you agree to the terms set out below. This waiver forms part of our Terms & Conditions and does not replace or override them. In the event of any conflict, the Terms & Conditions shall take precedence.

Full Terms & Condition can be found on our website: www.somastudiosurrey.co.uk

1. Your Health

- 1.1. You confirm that you are physically fit and medically able to take part in exercise classes.
- 1.2. If you are pregnant, recently postnatal, injured, or have a medical condition, you must consult a doctor before attending any class.
- 1.3. You agree to stop immediately and seek medical advice if you feel unwell or experience pain during any session.
- 1.4. Participation is always at your own discretion and risk.

2. Risks & Responsibilities

- 2.1. You understand that participation in physical activity involves inherent risks, including but not limited to soreness, strain, or injury.
- 2.2. You voluntarily assume full responsibility for any such risks.
- 2.3. Our instructors are not medical professionals and do not provide medical advice. You must not rely on their guidance in place of professional medical consultation.

3. Limitation of Liability

- 3.1. We shall not be liable for any injury, illness, loss, or damage unless it is caused by our proven negligence.
- 3.2. Nothing in this waiver limits any rights you may have under consumer protection laws that cannot be lawfully excluded.

4. Medical Emergencies

- 4.1. In the event of a medical emergency, we may contact emergency services (999) on your behalf.
- 4.2. You accept full responsibility for any resulting medical costs, follow-up treatment, or outcomes.

5. Age requirements

5.1. You must be 18 years or older to attend.

5.2. Those aged 16 17 may attend only with written parental or guardian consent and supervision.

8. Cancellations & Refunds

8.1. All booking, cancellation, and refund policies are outlined in our full Terms & Conditions.

9. Conduct & Confidentiality

9.1. You must not record, reproduce, adapt, distribute, disclose, or imitate any aspect of our classes, instructional content, proprietary methods, or business operations without our prior written consent.

9.2. You agree not to post false, misleading, or malicious reviews or comments with the intent to harm our reputation or business.9.3. We reserve the right to refuse service or terminate a booking if we believe this policy has been violated.

10. Legal Jurisdiction

10.1. This waiver is governed by the laws of England and Wales.

10.2. If mediation fails, any legal proceedings shall be brought in the courts of England and Wales.

11. Confirmation

By booking or attending a class, you confirm that:

- You have read, understood, and accept all the terms above.
- You agree to be bound by our full Terms & Conditions.
- You will not participate if you are medically unfit, underage without consent, or unwilling to comply with this waiver.